

Redeeming Engagement Rewards



- 1** Login to Castlight on your desktop at mycastlight.com/mybenefits or on your mobile phone via the Castlight app.
- 2** On the home screen, select "Point Balance," this will take you to "Ways to Earn."
- 3** Select "Reward Center" tab to go to the Reward Center and redeem your rewards.
- 4** Choose your gift card from the many options provided and click the Redeem box!

Scan here to shop!



If you have a Customer Service-related need, you may contact a Castlight Care Guide at 800-681-6758 or email support@castlighthealth.com for assistance.

All 2026 Engagement rewards must be earned and redeemed no later than December 31, 2026. These rewards do not rollover and cannot be accessed after 12/31/26.